



Step Up Training and Care

From Training to Caring, we deliver excellence

Qualification Name	Level 2 Award in Moving and Handling People in Health and Social Care
Qualification achieved	ICQ Level 2 Award in Moving and Handling People in Health and Social Care 610/6618/7

Qualification Structure

You will be assigned a personal assessor who will help guide you through the learning criteria for this qualification, delivered as a distance learning qualification. Learners will be submitting evidence criteria via an e-portal called iLearner.

Learners gaining this qualification will understand that moving and handling must be carried out correctly and will recognise its importance in ensuring a safer working environment.

For those seeking to also ascertain practical competency, a learner should complete a practical Moving and Handling training course which we can arrange and deliver at the learners request. The cost of this training is separate to the cost of this qualification.

Qualification Duration

The total duration of this qualification is 40 hours and of this 32 are recommended as guided learning hours. This equates to approximately one month but this timescale is dependent on a learner being engaged in the studies and submitting evidence to their personal assessor to meet the learning criteria, usually on a weekly basis.

Costs

This course is £130

We can discuss payment options including an interest-free payment plan for those that require it.

Who can enrol for this course?

Must be ages 16+.

Entry requirements

There are no prerequisites for this qualification, however it is recommended that learners have a minimum of Level 1 in literacy or numeracy or equivalent.

Who is this qualification suitable for?

This course is designed for:

- Those starting work in the care sector
- Returning to work in the care sector
- Those who need specific training and accreditation of knowledge in manual handling

- Care Workers working in all areas of the sector including in a community setting or a care home setting
- Support Workers

The iCQ Level 2 Award in Moving and Handling People in Healthcare is designed to equip learners with the essential knowledge and practical skills required to safely move and handle individuals in a healthcare setting. It aims to promote best practices, reduce the risk of injury, and ensure dignity and comfort for patients during handling procedures. This qualification supports compliance with health and safety regulations and enhances the competence of healthcare workers in delivering safe, person-centred care.

Certification

Upon successful completion of this qualification, you will be issued with a hard copy of your certificate.

Enrolment

Full details of how to enrol on this qualification can be found on our website, under the section Enrolment.

Module Content

There are 2 Mandatory Units for this course that must be completed in order to achieve qualification.

Mandatory Units

- The principles of moving and handling
 1. Understand current legislation, policies, standards, local ways of working and codes of conduct in relation to moving and positioning individuals
 2. Understand anatomy and physiology in relation to moving and positioning individuals
 3. Know when to seek advice and/or assistance from others when moving and positioning an individual
- Safe moving and positioning of individuals
 1. Be able to minimise risk before moving and positioning individuals
 2. Be able to prepare to move and position an individual
 3. Be able to move and position an individual